



Long Term Plan

GCSE PE

2021-2022	Autumn 1 7 weeks	Autumn 2 7 weeks	Spring 1 7 weeks	Spring 2 7 weeks	Summer 7 weeks	
GCSE PE Year 10	Health, Fitness and Well-being (Paper 2: Health and Performance)	Applied Anatomy and Physiology (Paper 1: Fitness and Body Systems)	Applied Anatomy and Physiology (Paper 1: Fitness and Body Systems)	Movement Analysis (Paper 1: Fitness and Body Systems)	Sport Psychology (Paper 2: Health and Performance)	Sport Psychology (Paper 2: Health and Performance)
GCSE PE Year 11	Physical Training (Paper 1: Fitness and Body Systems)	Physical Training (Paper 1: Fitness and Body Systems)	Socio-cultural Influences (Paper 2: Health and Performance)	Socio-cultural Influences (Paper 2: Health and Performance)	Preparation and revision for the exams	Preparation and revision for the exams